



THE LITTLE RAM NEWSLETTER



April
SHOWERS
BRING
May
FLOWERS



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FRY BREAD PARENT NIGHT HOSTED BY OJO ENCINO PRE-K

Jewellyn Yazzie and her EA Eugenia Charley had an evening of making fry bread, reading, and enjoying time with families.

On March 30th, the Ojo Encino Pre-K invited families to their classroom for a fry bread night. The families got to hear a story read in Navajo by Johnelle Trujillo-Montoya titled "Fry Bread." Then each student made a bowl of dough with the help of their parents. The teachers fried the bread and the group ate together. It was a wonderful event!



SHOW YOUR RAM PRIDE

The elementary school is selling Cuba Ram shirts. Long sleeve shirts are \$20 and t-shirts are \$15. We have youth and adult sizes so come by to get yours!



KEY DATES

- 4/3 Remote Monday
- 4/7 No School
- 4/10 No School
- 4/13 District Talent Show at 5:30
- 4/17 Remote Monday
- 4/20 District Field Trip
- 4/24 No School
- 4/25-4/26 5th Grade Capstone Presentations

Little Ram Family Meeting

April 12, 2023

5:00 pm

Elementary Cafeteria
and Zoom

FIND OR CONTACT



www.cuba.k12.nm.us



Cuba Independent
School District



cubaisd



575-289-3211 ext. 400

THE IMPORTANCE OF SLEEP

BY ESPERANZA CORDOVA

Why it's important for your child to get enough sleep?

Students should get the proper amount of sleep at night to help stay focused, improve concentration, and improve academic performance. Children and adolescents who do not get enough sleep have a higher risk for many health problems. Do you know what the recommended hours of sleep are for children ages 6-12 years? If you guessed 9-12 hours in a 24-hour period, you guessed it right.

What can we do as parents to help ensure our children are getting enough sleep to do their best in school? We can start by setting a regular bedtime and rise time, including on weekends. Implement a media curfew, consider banning technology use after a certain time or removing devices such as phones, computers, or tablets from the child's bedroom.



FEBRUARY STUDENTS OF THE MONTH

Grade	Student
Pre-K	Gerardo Leo Herrera
Kindergarten	Jonathan Delgadillo
1st Grade	KC Toledo
2nd Grade	Lukas Maestas
3rd Grade	Katelina Trujillo
4th Grade	Trinity Takeo
5th Grade	Amy Gouripaga

ELEMENTARY SPORTS

Basketball Practice Schedule

1st/2nd Grade	3rd/4th Grade	5th/6th Grade
Tuesday High School Gym 3:30-5:00	Wednesday High School Gym 3:30 - 5:00	Tuesday Middle School Gym 3:30 - 5:00 Thursday High School Gym 3:30 - 5:00

A practice and game schedule has been sent with the students.

Tee Ball/Softball

Grades K - 5th will begin in April.

More information to come.

NURSES CORNER

Dear Elementary Families,

If you feel like your child is ever in need of a hearing or vision screening please reach out to the nurse or nurse aides 575-289-3211 ext. 404. We do screen all Kindergartners, 3rd graders, and 5th graders yearly but can screen additional students if a parent requests it. After the results are determined we can help you schedule an appointment and then can also see if you qualify for help in purchasing glasses through the New Mexico Lions Club. The club helps families purchase glasses for free depending on their insurance and financial needs. If you have received a referral from the school indicating your child has failed their hearing or vision screening please get them seen for further evaluation. For any questions please reach out to Carol Chase at 505-290-0696 or Analicia Bridge at 505-290-4293.

WEEK OF THE YOUNG CHILD

BY ANA LUCERO

Week of the Young Child is a week that is celebrated throughout the United States to bring awareness to citizens, families, and communities about the importance of early childhood education. Early childhood education is from prenatal to 8 years of age and it is in support of the needs of families. These early years of children's growth are very important to healthy brain development and overall good health. Cuba Elementary School recognizes the importance of early childhood education and would like to invite you to join us in celebrating the **Week of the Young Child** from April 4th through the 6th. We have special events for the families to attend, please take a look at the schedule below.

April 4 Tasty Tuesday	April 5 Work Together Wednesday	April 6 Music Thursday
<p>COOKING</p> <p>Recipe lessons in classrooms</p> <p>BUBBLES AND KITES</p> <p>Families attend a special Kite Flying and Bubble Blowing event outside on the high school football field in the afternoon</p> <p>PreK - Grade 2 1:30-2:00</p> <p>Grade 3 - Grade 5 2:10-2:40</p>	<p>STEAM NIGHT</p> <p>Santa Fe Children's Museum and teachers will do STEAM activities with families at the elementary school</p> <p>All Grades 5:00 pm - 7:00 pm</p>	<p>MASKED SINGER COMPETITION</p> <p>Teachers and staff dress in head-to-toe costumes to sing karaoke while children guess who the "masked singer" is. Could it be the custodian, your teacher, or even Mrs. Judy?</p> <p>All Grades 1:00 pm</p>

K5+ Coming in July

We are in the process of planning our K5+ program. Teachers are working hard to create projects and lessons to make it a fun and engaging summer program.

More Information To Come!